

HELMETLINER KNITTING INSTRUCTIONS

Materials:

100 grams/3.5 ounces of **100% soft wool yarn only**, because our Armed Forces are not allowed to wear synthetic fibers outside the wire. Wool is inherently nonflammable and won't melt against the skin in the event of an accident and is warm even when wet.

Colors:

ONLY tan, brown, black, charcoal, or combinations of these colors are allowed. Marines strongly prefer desert tan!

Size 8 – 16" circular needle and double pointed needles, or size to get gauge

Size 6 – 16" circular needles for the ribbing.

1 stitch marker.

Gauge: 4.5 stitches per inch in stockinette stitch with the larger needles.

Be sure to check your gauge to ensure the helmet liner will fit properly when worn. Even being off 1/2 stitch per inch will make the helmet liner useless, as it will not fit properly.

Helmet liners that do not fit cannot be sent to our troops. You may need to use a different needle size to get the gauge listed above. If this is the case, use a needle 2 sizes smaller for your ribbing.

Neck Ribbing:

With smaller circular needle, cast on 84 stitches loosely. Place marker. Join in round and work in knit 2, purl 2 ribbing for 6 inches.

Cap:

With larger circular needle, knit 32 stitches off smaller needle onto the larger size 8 circular needle. Leave smaller circular needle in the rest of the stitches. The smaller circular needle will just act as a stitch holder while you complete the cap portion with the size 8 circular and double-point needles. Cast on 59 additional stitches, place marker to mark beginning of round, join in round, knit even for 4". ("Knit even" means to knit every stitch).

1st decrease row: *K 11, k2tog, repeat from * to end of round.

Next row: Knit even.

2nd decrease row: *K10, K2tog, repeat from * to end of round.

Next row: knit even, meaning to knit every stitch. Change to double point (DP) needles when necessary. Continue decreases as established until k2, k2tog. After this, decrease every row until a total of 7 stitches remain on the double point needles. Cut yarn 8-9" long, run tail through remaining stitches and weave in.

Face Ribbing:

With size 6 circular needle that is still in neck portion, pick up and knit the 60 stitches from the cast on edge of the cap portion. Join in circle and work k2, p2 ribbing for 1 inch. On the next row: *k2, p2tog, repeat from * to end of round. Bind off loosely in pattern. Weave in ends.

(The original pattern was designed by Bonnie Long, Knit Wits, 3419 Chatham Rd. Springfield, IL 62704. 217-698-6100. Revised 5/14/2008 by Rachel Kristy. All rights reserved. Copies may be made only for the purpose of donating helmets to our active service personnel. In any case design attribution must remain.)